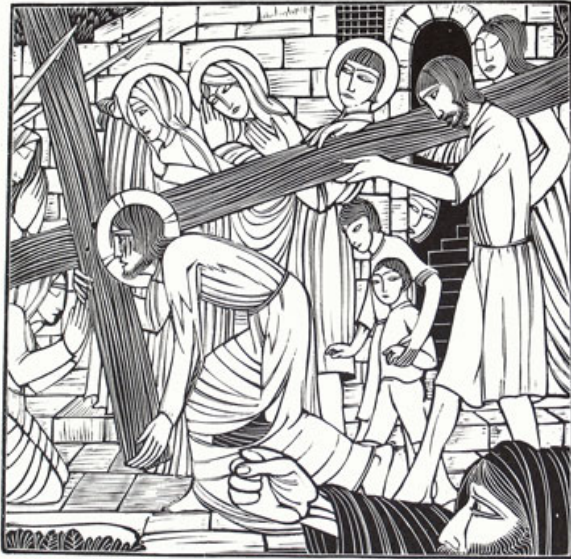


# The Parish of St James and St Paul *Colchester*

[www.stjamesstpaulcolchester.org.uk](http://www.stjamesstpaulcolchester.org.uk)



## Parish Magazine

March 2007

*thirty pence*

### **Father Peter Writes**

*What are you giving up for Lent ?*

This is a question often asked of Christians and it stems from the understanding that Lent is a time of penitence and fasting, often marked by abstinence from something. As we make do without that particular luxury or indulgence, we are to reflect on the suffering of Jesus.

This time of preparation for Easter used to be a very rigorous thing. All fats, eggs, meats were given up in this time of fasting. Hence the origin of pancakes which use up eggs, milk and flour before the fast begins on Ash Wednesday. It is also origin of the concept of carnival, the celebration popular in many countries at this time of year as people prepare for Lent. Carnival comes from the Latin, Carne, meaning flesh and levare, to put away. It is therefore the festival in preparation for Lent where flesh, meat, is put away until Easter. Like so many things of our faith, popular culture has reduced this great time of abstinence to the possibility of making do without some small luxury.

When I am asked what I am giving up for Lent, apart from fasting on Ash Wednesday and Good Friday, which is a requirement of all of us, I usually say I intend to concentrate more on my prayers. The sacrifice here is one of time and requires me to be more disciplined in my attendance at Church and prayer life.

As we consider how we will use Lent to grow closer to God this year, we might think about giving things up but equally we might also think about taking something extra on. Lent is a fixed period of time so the discipline required has an end in sight and an achievable goal. An extra Mass attendance, joining in Morning and Evening Prayer, ensuring we make our confession before Easter, giving through the Lenten boxes, might all be way we could grow closer to God this Lent, in preparation for Easter

Wishing you every blessing,

**Fr Peter Walker**

## Monday Masses

5 <sup>th</sup> March	19:00	St James
12 <sup>th</sup> March	11:00	Colonia Court
19 <sup>th</sup> March	11:00	Cranmere Court
26 <sup>th</sup> March	20:00	25 Exeter Drive

## Masses on Saints Days and Holy Days

### *St Joseph, Husband of the BVM*

Monday 19<sup>th</sup> March 11:00 Cranmere Court

### *The Annunciation of the Lord to the BVM*

Monday 26<sup>th</sup> March 20:00 25 Exeter Drive

## House Mass

The March House Mass will be on Monday 26<sup>th</sup> March which this year is the Solemnity of the Annunciation of The Lord, a great day in the Church's year. To celebrate the Annunciation we will meet for the House Mass at 25 Exeter Drive, the home of Betty Frost at 8-00pm. Mass followed by refreshments. The Annunciation is a day when we all ought to be at Mass if we can.

## Lent 2007

Brother Martin SSF preached for us at Mass on Ash Wednesday, and will be preaching for us during Holy Week and Easter. Below is a short biography..

Brother Martin joined the Franciscans in 1948 and was professed as a Friar in 1951. In early years, as a lay Brother, he worked partly in the Office, assisting with administration, and also took part in various parish missions and other projects away from the Friary.

Brother Martin made his Life Profession in 1955. After training at Chichester Theological College, he was Ordained deacon in 1957, and Priest in 1958. He worked as a Priest in Charge of parishes in Dorset, and

Vicar of St St Bene't's, Cambridge 1971-1985, and also (same dates) Chaplain of Saint John's College School, Cambridge.

During this time he lived with other Friars at Saint Francis' House, Cambridge. He took part in various projects away from Cambridge, including a number of parish missions, and he also assisted regularly at Little Saint Mary's, Cambridge.

He was Priest-in-charge of S.Clement's, Cambridge 2004-2005, until he moved to live at the Franciscan House in Stepney, East London, continuing to work as Mission Secretary, and also 'Hon. Assistant Priest' at S.Peter's, London Docks.

Brother Martin is a School Governor at S.Peter's School, and visits the school for Assemblies and assists at the weekly School Mass.

He continues to take part in parish missions and preaching engagements, and offers Spiritual Direction .

## 10:00 Sunday Mass Lent Preachers

### **Lent 2 4<sup>th</sup> March**

Fr Trevor Hodder

### **Lent 3 11<sup>th</sup> March**

Fr Mark Thompson, Mental Health Services chaplain for our area

### **Lent 4 18<sup>th</sup> March**

The Parish Clergy

### **Lent 5 25<sup>th</sup> March**

Fr Fred Woods Vicar of St Peter & St Botolph's, Colchester

***Holy Week & Easter Addresses by Brother Martin SSF***

*Monday*

The gift of Mary of Bethany – Generosity

*Tuesday*

Judas and Peter – Penitence

*Wednesday*

Betrayal – The Hour of Darkness

*Maundy Thursday*

The Servant King

*Good Friday*

Meditation on three Good Friday hymns

*Easter Day*

5-00am Paradise Regained 10-00am Christ is Risen

**Stations of The Cross**

We are praying the Stations with our friends from St James the Less in Priory Street this Lent. This year we are sharing venues, so please make a careful note of where we are each week.



Friday 2nd March 19:30	St James the Great, East Hill
Friday 9th March 19:30	St James the Less, Priory Street
Friday 16th March 19:30	St James the Great, East Hill
Friday 23rd March 19:30	St James the Less, Priory Street
Friday 30th March 19:30	St James the Great, East Hill

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## **Mass of the Holy Chrism**

The Chrism Mass is the Mass in Holy Week where the priests gather around the Bishop to renew their priestly vows in the service of God. It is also the service at which the Holy Oils are blessed for use in the parishes throughout the year.

Fr Peter and Fr John will be attending the Mass on Monday 2<sup>nd</sup> April at 12-00 noon. Some transport will be available if you would like to join them. This is a wonderful occasion and well worth the trip to Chelmsford Cathedral. Speak to Fr Peter or Fr John for more information or if you would like to come.

## **Holy Rosary**

This month The Holy Rosary will be prayed at the St Paul's Centre, Belle Vue Road on Monday 19<sup>th</sup> March at 19:30. Everyone welcome, instruction will be given if this form of prayer is new to you.

## **David Lee RIP**

It was with shock and sadness that we heard of David's sudden death just before Christmas. David had been part of St James for many years, serving the church and parish in many different capacities. He was Churchwarden for many years, a member of the Parochial Church Council, a member and officer of the Deanery Synod, an active member the Diocesan Synod. He was a server, sideman and perhaps most important of all a faithful worshipper.

Over the last ten to twelve years he had dealt mainly with our Restoration Projects. Firstly the Lady Chapel roof, then the roof of the Ss Peter and Paul Chapel and he was the project co-ordinator of the high level restoration on the south side of St James' Church. Over the years, he had acquired and assimilated much knowledge from architects, English Heritage and contractors. He used this and his great experience and energy for this work to the benefit of St James, giving very generously of his time.

Truly a *pillar of the Church* who will be greatly missed by many.

*Mary Evered*

## **Westminster Abbey Day of Prayer 2007**

Walking to the bus stop in the dark at 6:45am in early January is not my normal start to a Saturday morning. But I was on my way to the Annual Day of Prayer at Westminster Abbey. A group from St James' met at Colchester Station and arrived at the Abbey in time for a much needed cup of coffee. (No comfortable refectory at Westminster).

The day was led by Canon Robert Wright (The Sub-Dean of Westminster, Rector of St Margaret's and The Speaker's Chaplain.) He was introduced by Sister Elizabeth Anne CSMV. The day was divided into three sessions, and we started with Morning Prayer which set the tone wonderfully amongst the timeless wonder and beauty of the building and all it has seen through the centuries.

Canon Wright is a painter of Abstract Art, in which he seeks, "a place beyond words". He wants to share his art with others so that maybe it will "help the viewer to connect with God through a relationship with the painting they are viewing". At the end of each talk, which included thoughts about each painting in turn, we had a time of private prayer and meditation, for moving quietly around, and looking at (a biological action) and seeing (a personal action) the displayed art.

I think some of us find it hard to see something meaningful in Abstract Art, and with rare exceptions I am one of these. But this was one of the exceptions, because one of Canon Wright's paintings is still making me think.

The day ended with Choral Evensong, always a pleasure and especially in such surroundings. The Abbey had been closed to the public all day and then opened for a large queue of people waiting to join us. It was certainly a very interesting, thoughtful and worthwhile day and I shall look forward to the next one.

*Christine Fryer*

An online exhibition of Canon Wright's work is on the Abbey's website <http://www.westminster-abbey.org/special/gallery>

## News from St James' School

During this time of Lent the school community is thinking of others.

Boxes have been sent out for parents and pupils and staff to put in their change and money that they may have otherwise have spent on items that they have given up for Lent. Money raised will be used to help fund a baby care centre in Ghana.

We are also encouraging pupils to use their God-given talents and abilities to come up with ways of 'growing' money that has been given to them, to help benefit the school and for charitable work. Details of some of the activities undertaken will appear in a later edition.

I enjoyed my first school Disco recently, and it was good to see so many pupils and adult helpers and staff keeping fit AND having a good time. Pupils in classes 3 and 6 enjoyed making pancakes on Shrove Tuesday, and I can testify personally for the quality of their culinary skills – they were delicious! Father John's attempt at pancake making in front of the whole school was very entertaining, but not entirely successful!

We can learn so much from our youngest learners. Yesterday I saw a group of them in the school grounds, collecting soil to take back to their class to put in containers for growing plants. They were so excited and enthusiastic and motivated and were marvelling at the properties of soil on a damp and dreary February afternoon. We work to provide a practical and stimulating environment for the pupils and it was good to see 'real' learning taking place for a 'real' purpose.

The latest monitoring report from the H.M.I. visit in January 2007 shows that the school had made overall good progress since the last visit in October, and this is very encouraging. It was good to see some positive coverage of this in the local press.

My thanks must go to the staff and the Governing Body for working so hard to make the progress that we have made.

Jeff Graham, Headteacher

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## Confirmation Classes

We will begin Confirmation Classes after Easter in preparation for a service of Confirmation on Friday 13<sup>th</sup> July. If you would like to be confirmed, please speak with Fr Peter or Fr John.

An initial meeting for those hoping to join the classes will be held after the 10-00am Mass on Sunday 14<sup>th</sup> April 2007.

## Walsingham 2007

The pilgrimage will take place from Friday 8th June to Sunday 10th June.

If you would like to know more about the weekend please speak to Fr John. The price of the weekend including full board is £85.80, £51.38 for children and the under 5s are free. Deposits of £10 will be due at the end of March. A sign up list is on the notice board at the back of church.

## Annual Parochial Church Meetings

The APCMs will take place on Sunday 25<sup>th</sup> March and will begin after Choral Evensong at around 7-15pm. The meetings deal with the election and appointment of Churchwardens, PCC members and a Deanery Synod member. They also give an opportunity to consider the finances of the parish and the various reports from the year past.

These meetings are very important in the life of the parish, please come if you can. Annual meeting packs will be available in church from Sunday 18<sup>th</sup> March, one per family please.

## What is the role of the PCC ?

The PCC is made up of various people within the church. The clergy of the parish are there by right, as are the Churchwardens, if they are actual and communicant members of the Church of England, with their name on the electoral roll of the parish. Members of the Deanery Synod, Diocesan Synod or General Synod also sit by right on the PCC of the church they are mainly a member of.

After those particular allocated places, the other members of the Church Council are elected by the members of the church concerned to represent them. The word that is important here is **represent**.

Our members of parliament are elected to represent their constituents. They are elected as a representative person who is trusted by those who elect them to use their own judgement in the service of others. Once elected they are not bound to vote or speak in any particular way, they have been elected to use their judgement on behalf of those who elected them. They do not even have to remain a member of the political party which supported them at the time of their election.

We contrast this position with a delegate, perhaps to a Trades Union Congress meeting, who is delegated by those who elected them to act or vote in a particular way, to follow the *party line*. They may speak persuasively and influence a meeting but at the end of the day, they vote as told by those who elected them. We used to hear of particular delegates at such meetings holding hundreds or even thousands of votes on behalf of others, which they can only use in the way they have been told to use them.

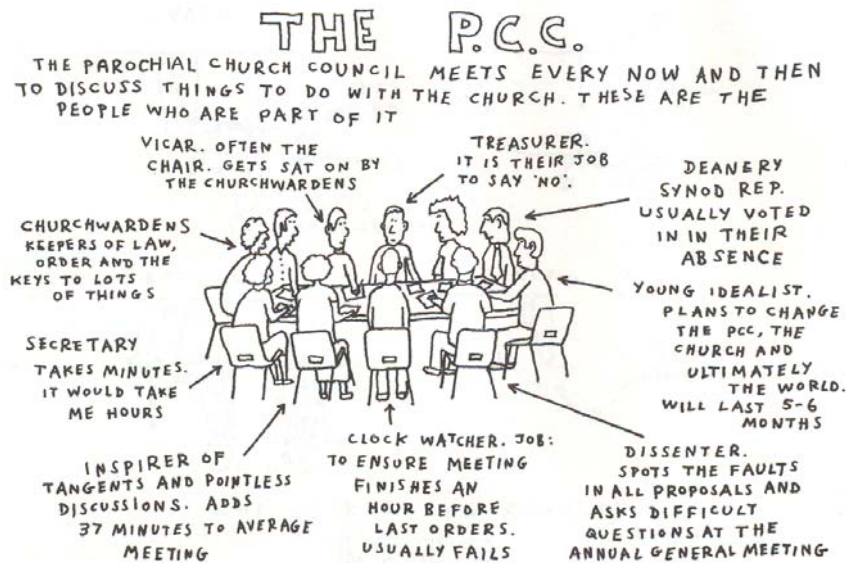
Members of any PCC are there as a **representative** group of people. It is difficult for them to be anything else, as particularly with reference to matters of conscience they, as Christians, must act according to their relationship with God.

Of course, as with any group of people, a PCC will inevitably reflect the life of the body they represent and at any discussion the probability is that all shades of opinion will be aired.

If you don't know how people feel on a particular issue, ask them. Perhaps not after Mass on Sunday as that is a time for prayer and fellowship, it is not really a time for lobbying. The members of the PCC work hard on behalf of the whole church and parish, they give of their time and skills on behalf of everyone else. With that in mind, it is not really fair to expect them to keep coming back to members of the church on various issues. This would take more of their time and energy, which is often being used very well anyway, on behalf of others.

If one is concerned to know what is going on and what is currently being debated, it is up to each and every one of us to keep an eye on the PCC notice board where agendas and draft minutes are always displayed and then to talk to PCC members if we wish. Being kept informed is a two-way process and we all have a responsibility here.

If you don't know how people feel before you cast your vote for them at the Annual Meetings, perhaps we all need to work harder at getting to know each other in church, we are, after all, not a huge Christian family. You might like to nominate people to stand for the PCC whom you feel would be good representative people. Or if no one will represent you as you would wish, stand yourself.



The PCC has many responsibilities in its role of leadership. Some have regard to worship, others church membership issues. The PCC is the legal owner of parish property and so must not only act responsibly with the care of that property but would make judgements over its sale if that were considered appropriate. This does not include St James' Church building, the Rectory or the two churchyards in the parish, which are under the ownership of me as Rector.

The School site and buildings are held in trust in a different way. The silverware and other ornaments of the church are under the ownership of the Churchwardens. It would include the two parish halls and Benson House, which are owned by the PCC on behalf of the Parish.

The PCC and incumbent are also responsible for the finances of the Parish and how they are spent and meeting the bills when they come in. The PCC has a responsibility to liaise with the clergy, particularly the Rector, in their role of pastors and leaders and to work together for the good of the church.

The role of a PCC member is important in the life of the Church. Perhaps you feel our church is being well led, if not, would you like to stand this year? Would you like to nominate someone else to stand? Someone you feel would represent your views well. Bear in mind, we may not like some of the systems of the Church of England, but many them are enshrined in law and so cannot be changed at a local level. We also need to remember the law of the Church of England is ratified by parliament and the Queen, so it is in effect the law of the land as well as the law of the Church. We have to work with it as it is given to us.

Nomination forms for PCC members will be available in church from Tuesday 6<sup>th</sup> March. They must be completed, with the consent of the person nominated, and be returned to Pamela Lee by noon on Thursday 22<sup>nd</sup> March. This will allow Pamela time to prepare voting papers. PCC members must be 16 years of age or upwards, be on the electoral roll and an actual communicant member of the Church of England. If you can tick all of these boxes, perhaps you might like to stand. *Fr Peter*

### Churchwardens

Churchwardens are elected annually and may serve no more than six consecutive terms without a break in service. This means that Mary may only serve one further year after this year. Paul has served for one year so we are in a fortunate position of having experience and freshness in our cycle for the Churchwardens. Any nomination for the position of Churchwarden must be with Fr Peter by noon on Thursday 22<sup>nd</sup> March.

## Church Cleaning

This has been a concern for some time and the PCC has struggled with ways of keeping St James, as we would want to see it kept. At the PCC meeting on Monday 5<sup>th</sup> February, it was decided to try something new.

Some people have said they cannot come to a regular cleaning session but could look after a specific area of the church. This could be particularly helpful if you are a key holder. If you could take on a specific area or task, please add your name to the list in church.

The regular cleaning parties will continue and will be held fortnightly. Once on Saturday morning following on from the 9-00am Mass and once on Thursday afternoon at 2-30pm. This means if someone cannot come on Thursday they may be able to make Saturday and so on.

It also means that if anyone can commit to a Saturday or a Thursday on a regular basis, their commitment would only come around on a monthly basis, which is not too onerous. Please keep an eye open in church for the arrangements.

Our thanks must go to those who have kept the cleaning going in recent months, I hope many will be able to join us in the new way of working.

## Grand Church Clear & Clean

On Friday 23<sup>rd</sup> March beginning at 2-00pm a Working Party will gather to sort through cupboards and other untidy areas in Church. We will also do some spring cleaning. If you can come to help, that would be much appreciated, all help gratefully received. If you have some of your things in the cupboards or on shelves you might like to come and make sure they do not get lost.

I am ruthless when in tidying mood as anyone at the Rectory will tell you! Tea and cake at the Rectory after the Working Party.

*Fr Peter*

## Recipe Page – Fish Pie

A dish eaten every Good Friday at the Rectory, after the fast has finished and at other times as well. It can be made in advance and popped into the oven to heat through before serving. It does not really freeze well because of the hard-boiled eggs, which go rather strange if frozen. If these were left out it would freeze well.

*About 12oz of smoked fish, cod or haddock, a handful of frozen prawns is a good addition but not essential, 4oz mushrooms, ½ pint milk, 1 oz margarine, 1oz flour, 2 hard boiled eggs, 2oz breadcrumbs, 2oz grated cheddar cheese, 12oz Potatoes, cooked and mashed with a little butter and milk.*

Place the milk, fish and mushrooms in a **large** bowl, season with pepper and cook in a high setting in a microwave oven for ten minutes. (If you do not have a microwave, try poaching the fish in the milk in the conventional way).

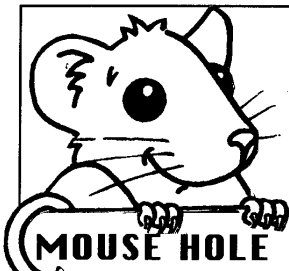
When cooked remove the fish and mushrooms and reserve the milk. Flake the fish and put into a greased ovenproof dish with the mushrooms and add the hard-boiled eggs which should be roughly chopped first, add the prawns if you are using them. Meanwhile melt the margarine in a saucepan, stir in the flour, then gradually add the milk, stirring all the time and gradually bring to the boil still stirring, the sauce will thicken.

Pour the sauce over the fish, egg and mushrooms in the dish, gently mix together. Sprinkle the breadcrumbs and grated cheese on top of this.

Take the mashed potatoes, which are best if fairly moist, and place on top of the cheese and breadcrumb mix.

Dot the top of the potatoes with butter or margarine and when ready to cook, place in a pre-heated oven (gas mark 4, 180c) for between 30 – 45 minutes until golden brown. Enjoy.

*Fr Peter*



**THANK YOU MUM**  
 Thank you Mum  
 for all you do,  
 For all your  
 love and care,  
 For helping me  
 to tie my shoes,  
 And brush and comb  
 my hair.



For cuddles when  
 I'm frightened,  
 For hugs when  
 I am sad,  
 For loving me  
 when I am good,  
 And *still* loving me  
 when I am bad!



For teaching me  
 about Jesus,  
 Of how he loves  
 me too,  
 Thank you Mum  
 for loving me,  
**I LOVE YOU!**



Look up the  
 Bible verses on  
 the tags to find  
 out which  
 flowers are for  
 which mother.

To \_\_\_\_\_  
 love **Samuel**  
 1 Samuel 1:20

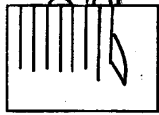
To \_\_\_\_\_  
 love **Isaac**  
 Genesis 17:19

To \_\_\_\_\_  
 love **Joseph**  
 Genesis 30:24



**Flower Cards**

To make a 3D flower card, cut strips 1.5cm wide and about 12cm long, from an A4 size sheet of thin green card or thick paper.



Cut lots of large flowers from coloured paper and stick one onto the end of each strip.

Curl round with the flowers facing inwards and stick. Write a message on a tag and stick to the pot.



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## Parish Website

The parish website has been redesigned and updated. It is accessible at this URL: <http://www.stjamesstpaulcolchester.org.uk>

There are now more photos, an events page and updated histories of St James' and St Paul's churches, and the Organ.

The Parish Magazine is also available to download.

Since its re-launch the site has been visited by people as far away as Albuquerque in New Mexico, and Manila in the Philippines, and a number in the UK.

If you have any suggestions as what might be useful for church members and visitors please have a word with me.

*Fr John*



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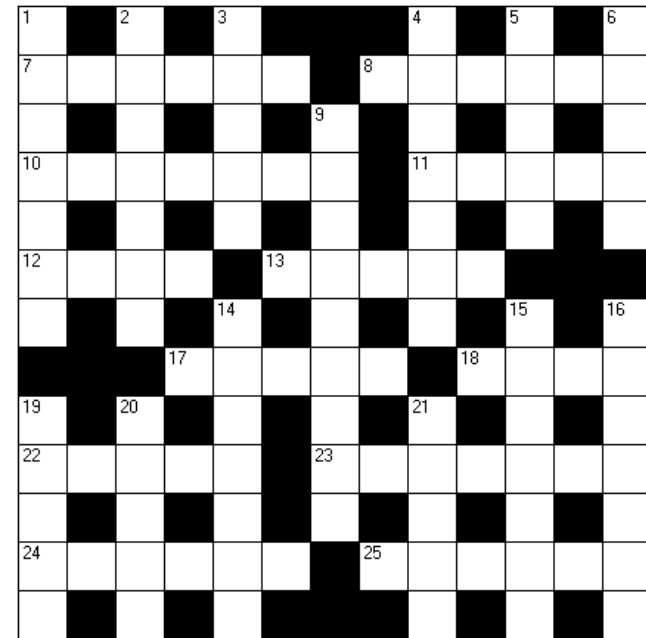


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Collections at 08.00	21.32
Collections at 10.00	47.37
Other General Collections	16.84
Cake stall	18.75



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### Clues Across

- 7 West African country (6)
- 8 Language of the Old Testament (6)
- 10 Monastic hair style (7)
- 11 Colour of the great throne in Revelation ch. 20 (5)
- 12 ..where moth and \_\_\_\_ destroy (Mat 6.19) (4)
- 13 Missile used against Paul in Acts ch. 14 (5)
- 17 ..hard labour in \_\_\_\_\_ and mortar (Ex 1.13) (5)
- 18 ..the beams of the woodwork will \_\_\_\_\_ it (Hab 2.11) (4)
- 22 Symbol of the Chrstain religion (5)
- 23 Priest's salary (7)
- 24 Tree mentioned in Ezekiel ch. 17 (6)
- 25 The defining physico-chemical property of an adhesive (6)

## Clues Down

- 1 Clergymen (7)
- 2 Worry intensely (7)
- 3 ..a handful of \_\_\_\_ in a jar (1 Kings 17.12) (5)
- 4 River upon which Derby stands (7)
- 5 A cart crushes when loaded with this, says Amos ch. 2 (5)
- 6 Description of calamus in Jeremiah ch. 6 (5)
- 9 Feast giving its name to a Christian movement (9)
- 14 English city (7)
- 15 One of the owls mentioned in Zephaniah ch. 2 (7)
- 16 Days following the Christian sabbath (7)
- 19 Glower (5)
- 20 Pious (5)
- 21 Unclean (5)

There will be a small prize for the first correct solution to reach Fr John.

Answers in next month's magazine.

Congratulations to *Sheila Sansom* who was the first person to get the correct solution to me last month.

## February Answers

### Across

1 Stick 4 Stamp 10 Parsnip 11 Islam 12 Lance 13 Illness 15 Solo 17 Balti  
19 Ashes 22 Elevator 25 Protest 27 Acsah 29 Catch 30 Lateran 31 Penny  
32 Weeps

### Down

2 Turin 3 Contest 5 Trial 6 Maltese 7 Apple 8 Spoil 9 Smash 14 Loaf 16  
Oils 18 Apostle 20 Startle 21 Spice 23 Italy 24 Chant 26 Ethan 28 Scrip

## March Saints and Holy Days

### St David (c. 500–589) - 1<sup>st</sup> March

David is the patron saint of Wales and perhaps the most famous of British saints, known in Welsh as Dewi Sant.

He became renowned as a teacher and preacher, founding monastic settlements and churches in Wales, Cornwall and Brittany in a period when neighbouring tribal regions (that were to be united as England three hundred years later) were still mostly pagan. He rose to a bishopric, and presided over two synods, as well as going on pilgrimages to Jerusalem (where he was anointed as a bishop by the Patriarch) and Rome. St David's Cathedral now stands on the site of the monastery he founded in the remote and inhospitable valley of 'Glyn Rhosyn' in Pembrokeshire.

Many stories and legends sprang up about David and his Welsh monks. Their austerity was extreme. They worked in silence without the help of animals to till the soil. Their food was limited to bread, vegetables and water.

In about the year 550, David attended a synod where his eloquence impressed his fellow monks to such a degree that he was elected primate of the region. The Episcopal see was moved to Mynyw, where he had his monastery (now called St. David's). He ruled his diocese until he had reached a very old age. His last words to his monks and subjects were: "Be joyful, brothers and sisters. Keep your faith, and do the little things that you have seen and heard with me."

St. David is pictured standing on a mound with a dove on his shoulder. The legend is that once while he was preaching a dove descended to his shoulder and the earth rose to lift him high above the people so that he could be heard.

## **Sts Perpetua and Felicity (d. 203?) – 7<sup>th</sup> March**

“When my father in his affection for me was trying to turn me from my purpose by arguments and thus weaken my faith, I said to him, ‘Do you see this vessel - water pot or whatever it may be? Can it be called by any other name than what it is?’ ‘No,’ he replied. ‘So also I cannot call myself by any other name than what I am - a Christian.’”

So wrote Perpetua, the young, beautiful, and well-educated noblewoman of Carthage, mother of an infant son and chronicler of the persecution of the Christians by Emperor Septimius Severus.

Despite threats of persecution and death, Perpetua, Felicity (a slave woman and expectant mother) and three companions, Revocatus, Secundulus and Saturninus, refused to renounce their Christian faith. For their unwillingness, all were sent to the public games in the amphitheatre. There, Perpetua and Felicity were beheaded, and the others killed by beasts.

Perpetua’s mother was a Christian and her father a pagan. He continually pleaded with her to deny her faith. She refused and was imprisoned at 22.

In her diary, Perpetua describes her period of captivity: “What a day of horror! Terrible heat, owing to the crowds! Rough treatment by the soldiers! To crown all, I was tormented with anxiety for my baby.... Such anxieties I suffered for many days, but I obtained leave for my baby to remain in the prison with me, and being relieved of my trouble and anxiety for him, I at once recovered my health, and my prison became a palace to me and I would rather have been there than anywhere else.”

Felicity gave birth to a girl a few days before the games commenced.

Perpetua’s record of her trial and imprisonment ends the day before the games. “Of what was done in the games themselves, let him write who will.” The diary was finished by an eyewitness.

## **St John of God (1495-1550) – 8<sup>th</sup> March**

Having given up active Christian belief while a soldier, John was 40 before the depth of his sinfulness began to dawn on him. He decided to give the rest of his life to God’s service, and headed at once for Africa, where he hoped to free captive Christians and, possibly, be martyred.

He was soon advised that his desire for martyrdom was not spiritually well based, and returned to Spain. Yet he was still not settled. Moved initially by a sermon of Blessed John of Avila, he one day engaged in a public beating of himself, begging mercy and wildly repenting for his past life.

Committed to a mental hospital for these actions, John was visited by Blessed John, who advised him to be more actively involved in tending to the needs of others rather than in enduring personal hardships. John gained peace of heart, and shortly after left the hospital to begin work among the poor.

He established a house where he wisely tended to the needs of the sick poor, at first doing his own begging. But excited by the saint’s great work and inspired by his devotion, many people began to back him up with money and provisions. Among them were the archbishop and marquis of Tarifa.

Behind John’s outward acts of total concern and love for Christ’s sick poor was a deep interior prayer life which was reflected in his spirit of humility. These qualities attracted helpers who, 20 years after John’s death, formed the Brothers Hospitallers, now a worldwide religious order.

John became ill after 10 years of service but tried to disguise his ill health. He began to put the hospital’s administrative work into order and appointed a leader for his helpers. He died under the care of a spiritual friend and admirer, Lady Anne Ossorio.

## Calendar for March 2007

1	Thu	St David	People of Wales
2	Fri		Ecumenical Relations
3	Sat		Lent Preachers
4	SUN	2 <sup>nd</sup> Sunday of Lent	Church and Parish
5	Mon		The PCC
6	Tue		Outreach
7	Wed	Ss Perpetua & Felicity	St James' School Governors
8	Thu	St John of God	Our need for Forgiveness
9	Fri		Hospital Chaplains
10	Sat		Mental Health
11	SUN	3 <sup>rd</sup> Sunday of Lent	Church and Parish
12	Mon		St James' School
13	Tue		St Luke's Hospital for the Clergy
14	Wed		Mampong Babies' Home
15	Thu		Diocesan Child Protection Officer
16	Fri		Outreach to Families
17	Sat	St Patrick	People of Ireland
18	SUN	4 <sup>th</sup> Sunday of Lent	Church and Parish
19	Mon	St Joseph	Foster Parents
20	Tue		Our Prayerlife
21	Wed		Local Clergy
22	Thu		Town Centre Ministry
23	Fri		Those being Married
24	Sat		Annual Church Meetings
25	SUN	5 <sup>th</sup> Sunday of Lent	Church and Parish
26	Mon	The Annunciation	Thanksgiving
27	Tue		Newly Elected PCC Members
28	Wed		Course in Catholic Studies
29	Thu		Our Bishops
30	Fri		Ecumenical Stations of the Cross
31	Sat		Our Need for Confession

## Diary for March 2007

1	Thu	St David	Mass	12:30	St James'
2	Fri		Mass	10:00	School
			Stations	19:30	St James'
3	Sat		Mass	09:00	St James'
			Mass	08:00	St James'
4	SUN	2 <sup>nd</sup> Sunday of Lent	Sung Mass	10:00	St James'
			Evening Prayer	18:30	St James'
5	Mon		Mass	19:00	St James'
6	Tue		Mass	10:00	St Paul's
7	Wed	Ss Perpetua & Felicity	Mass	19:00	St James'
8	Thu	St John of God	Mass	12:30	St James'
9	Fri		Mass	09:00	School
			Stations	19:30	Priory St
10	Sat		Mass	09:00	St James'
			Mass	08:00	St James'
11	SUN	3 <sup>rd</sup> Sunday of Lent	Sung Mass	10:00	St James'
			Prayer & Praise	18:30	St James'
12	Mon		Mass	11:00	Colonia Ct
13	Tue		Mass	10:00	St Paul's
14	Wed		Mass	19:00	St James'
15	Thu		Mass	12:30	St James'
16	Fri		Mass	09:00	School
			Stations	19:30	St James'
17	Sat	St Patrick	Mass	09:00	St James'
			Mass	08:00	St James'
18	SUN	4 <sup>th</sup> Sunday of Lent	Sung Mass	10:00	St James'
			Evening Prayer	18:30	St James'
19	Mon	St Joseph	Mass	11:00	Cranmere Ct
			Holy Rosary	19:30	St Paul's
20	Tue		Mass	10:00	St Paul's
21	Wed		Mass	12:30	St James'
			Sung Mass	19:30	St James'
22	Thu		Mass	12:30	St James'
23	Fri		Mass	09:00	School
			Stations	19:30	Priory St
24	Sat		Mass	09:00	St James'
			Mass	08:00	St James'
25	SUN	5 <sup>th</sup> Sunday of Lent	Sung Mass	10:00	St James'
			Evening Prayer	18:30	St James'
26	Mon	The Annunciation	Mass	20:00	The Rectory
27	Tue		Mass	10:00	St Paul's
28	Wed		Mass	19:00	St James'
29	Thu		Mass	12:30	St James'
30	Fri		Mass	09:00	School
			Stations	19:30	St James'
31	Sat		Mass	09:00	St James'



## **THE GOAT & BOOT**

*Mark & Tracy offer you  
a warm welcome*

*Food Served Monday - Saturday  
11:00am - 1:45pm*

*Real Ales*

*Pool & Darts*

*SKY Sports HDTV*

*70 East Hill Colchester  
Essex CO1 2QW*

*01206 867466*

### **Churchwardens of the Parish**

Mr Paul Bareham      01206 210270  
90 London Road  
Copford CO6 1BJ

Mrs Mary Evered      01206 330317  
Parc Gwyn  
Maldon Road  
Birch CO2 0LT

### **Parochial Church Council Officers**

**Secretary**              Mrs Pamela Lee      01206 573491  
Hillside 4 Acland Avenue  
Colchester CO3 3RS

**Treasurer**             Mr Graham West      01206 866315  
23 Wells Road  
Colchester CO1 2YW

**Electoral Roll  
Officer**                 Mrs Sheila Sansom    01206 560464  
50 Causton Road  
Colchester CO1 1RT

**Child Protection  
Officer**                 Mr David Howse      01621 892425  
8 Wellands Close, Wickham Bishops  
Witham CM8 3NE

**Health & Safety  
Officer**                 Mrs Janet Walker      01206 790448  
38 Gladstone Road  
Colchester CO1 2EA

### ***St James' Church of England Voluntary Aided Primary School***

**Headteacher**           Mr Jeff Graham      01206 865747  
**Website**                <http://www.st-james-colchester.essex.sch.uk>

<b>Bible Reading Fellowship</b>	Mrs Janice Fielding	01206 574600
<b>Childrens' Society</b>	Vacant	
<b>USPG</b> (Mampong Babies Home)	Mrs Gill Scott	01206 867403
<b>The Church Union</b> (Local Contact)	Mrs Claire Epsom	01255 861202

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<b>Sidesmen</b>	Mrs Mary Evered	01206 330317
<b>Readers</b>	Mrs Janet Walker	01206 790448
<b>Intercessions</b>	Fr Peter Walker	01206 866802
<b>Stewardship Recorder</b>	Mrs Kate Thurston	01206 793243
<b>Organist &amp; Choirmaster</b>	Mr Keith Kent	01206 762265
<b>Sacristan Team</b>	Mr Brian Appleby	01206 852073
	Mr Paul Bareham	01206 210270
	Mr Stephen Pawlak	01206 729810
<b>Magazine Editor</b>	Fr John Stather	01206 578401
<b>St James' Hall Manager &amp; Bookings</b>	Mrs Felicity Minter	01206 578888
<b>St Paul's Centre Manager &amp; Bookings</b>	Mr Brian Appleby	01206 852073

<b>Rector</b>	<b>Fr Peter Walker SSC</b>	01206 866802
	The Rectory	07867 972231
	76 East Hill	01206 799444 (fax)
	Colchester CO1 2QW	
	fatherpeter@walkerssc.freemove.co.uk	
<b>Assistant Priest</b>	<b>Fr John Stather SSC</b>	01206 578401
	Benson House	07776 436522
	13 Roman Road	
	Colchester CO1 1UR	
	john_stather@hotmail.com	

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**Services at *St James the Great, East Hill***

<b>Sundays</b>	Morning Prayer	07:25
	Said Mass	08:00
	Sung Mass	10:00
	Evening Worship	18:30
	(see p.28 for details)	
<b>Weekdays</b>	Morning Prayer	07:45
	Evening Prayer	18:00
<b>Monday</b>	Mass	see page 3
<b>Wednesday</b>	Mass	19:00
<b>Thursday</b>	Mass	12:30
<b>Friday</b>	Mass in School	09:00
<b>Saturday</b>	Mass	09:00

*Festivals and Saints Days, see monthly calendar on page 28*

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**Services at *The St Paul's Centre, Belle Vue Road***

<b>Tuesday</b>	Mass	10:00
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<b>Confession</b>	By appointment with the clergy
<b>Holy Baptism</b>	By arrangement after preparation
<b>Ministry to the Sick</b>	Names of the Sick to the clergy, the Blessed Sacrament is reserved for the communion of the Sick, and the Oil of the Sick for Anointing.